

# BUILDING YOUR DISASTER SUPPLY KIT

Build your kit all at once or step by step. Start with what you have at home. Then shop for the rest. Build it to shelter in place or evacuate.

Pack these basic supplies for each person in a portable container or backpack. You'll need them whether you stay or go.

## FOOD AND WATER

- 3-day supply of food that needs no cooking
- 1 gallon of water per day for each person
- Manual Can Opener
- Baby items (baby food, formula, bottles)
- Pet Supplies



## FIRST AID, MEDICATION, HYGIENE

- First-aid kit
- Prescriptions and backup medications
- Hand sanitizer, wipes, bleach (To purify water, mix 1/8 teaspoon per gallon. Stir and let stand for 30 minutes.)
- Toilet paper, paper towels, garbage bags
- Dental care, hearing aids, and vision products
- Sunscreen, insect repellent
- Soaps, personal supplies, diapers
- Face masks to filter air (N-95 rating)



## COMMUNICATION, LIGHTING

- Battery-powered radio with extra batteries or crank radio (emergency alert radio is best)
- Extra cell phone battery and car charger
- Flashlights and extra batteries
- Matches and lighter
- Whistle
- Reading glasses and sunglasses



You may have to leave in a hurry to get to a safe place. Keep these supplies near your car. When it's time, grab them and go.

## ADD THESE ITEMS FOR EVACUATING BY CAR

- Road maps
- Car repair items (tools, spare tire, tire patch kit, oil)
- More food and water
- Plastic plates, cups and utensils
- Tent, blankets and pillows
- Clothes and sturdy shoes
- Rain gear and towels
- Books, games and toys



## BEFORE YOU LEAVE HOME

- Fill your gas tank, check your spare tire
- Take cash, checkbook and credit cards
- Call your family emergency contact
- Charge your mobile phone
- Get a map of your route
- When staying home is your safest choice, add these items to your kit and stay tuned to the news.

## ADD THESE ITEMS FOR SHELTERING IN PLACE

- Smoke detectors with extra batteries
- Carbon monoxide detector (if using generators, charcoal grills or camp stoves)
- Fire extinguisher
- Land line phone with extra long cord
- Plastic sheeting and duct tape (to seal doors, windows and air vents from contaminated air or to build an emergency shelter)



## FIRST AID KIT CONTENTS

- 2 compress dressings (5 x 9 inches)
- 25 band-aids (different sizes)
- Hydrocortisone ointment
- First-aid tape
- Antibiotic ointment
- Hydrocortisone ointment
- Aspirin and ibuprofen
- 2 elastic bandages
- 2 pair of medical gloves (non-latex)
- Oral thermometer, scissors, tweezers
- 2 roller bandages (different widths)
- 10 sterile gauze pads (different sizes)
- 2 triangular bandages (for making slings)
- First aid instruction booklet



## DOCUMENT BAG CONTENTS

- Current photo IDs, driver licenses, birth records, Social Security cards, passports
- Wills
- Photos of family members in case you get separated
- Health insurance and prescription cards
- Medical records, medications and dosages
- Phone numbers (family, friends, doctors)
- Bank account information
- Insurance documents (homeowner, renter, flood, life)
- Property deeds, leases, mortgages
- Vehicle titles, insurance, leases, loan documents
- Inventory of household possessions and their value
- Backup computer files (on a CD, DVD, USB drive)
- Copies of important keys
- Utility bills (to prove where you live)



## PET SUPPLIES

- 3-day supply of food, water and bowls
- Medications and pet first-aid kit
- Vaccination records
- Leash and toys
- Cat litter and box
- Crate or carrier (may be required in shelters or where you spend the night)
- Photo, in case pet gets lost



## PEOPLE WITH DISABILITIES AND THOSE WITH ACCESS AND FUNCTIONAL NEEDS

- Think about what you need to make it on your own. Plan now for your health away from home. Label medical equipment with your contact information.
- Wheelchairs, walkers and canes
- Cooler with cold packs for medications
- Food for special diets
- Extra medications and dosages
- Copies of prescriptions and medical alert tags
- Medical supplies (oxygen, glucose monitoring strips, syringes, etc.)
- Hearing aids with extra batteries
- Communication devices
- Supplies and documentation for service animals



Note: Dial 2-1-1 for information about available services during an emergency (registering for evacuations must be done every year)

# Have a plan?

Evacuation supply lists, tips, and evacuation routes



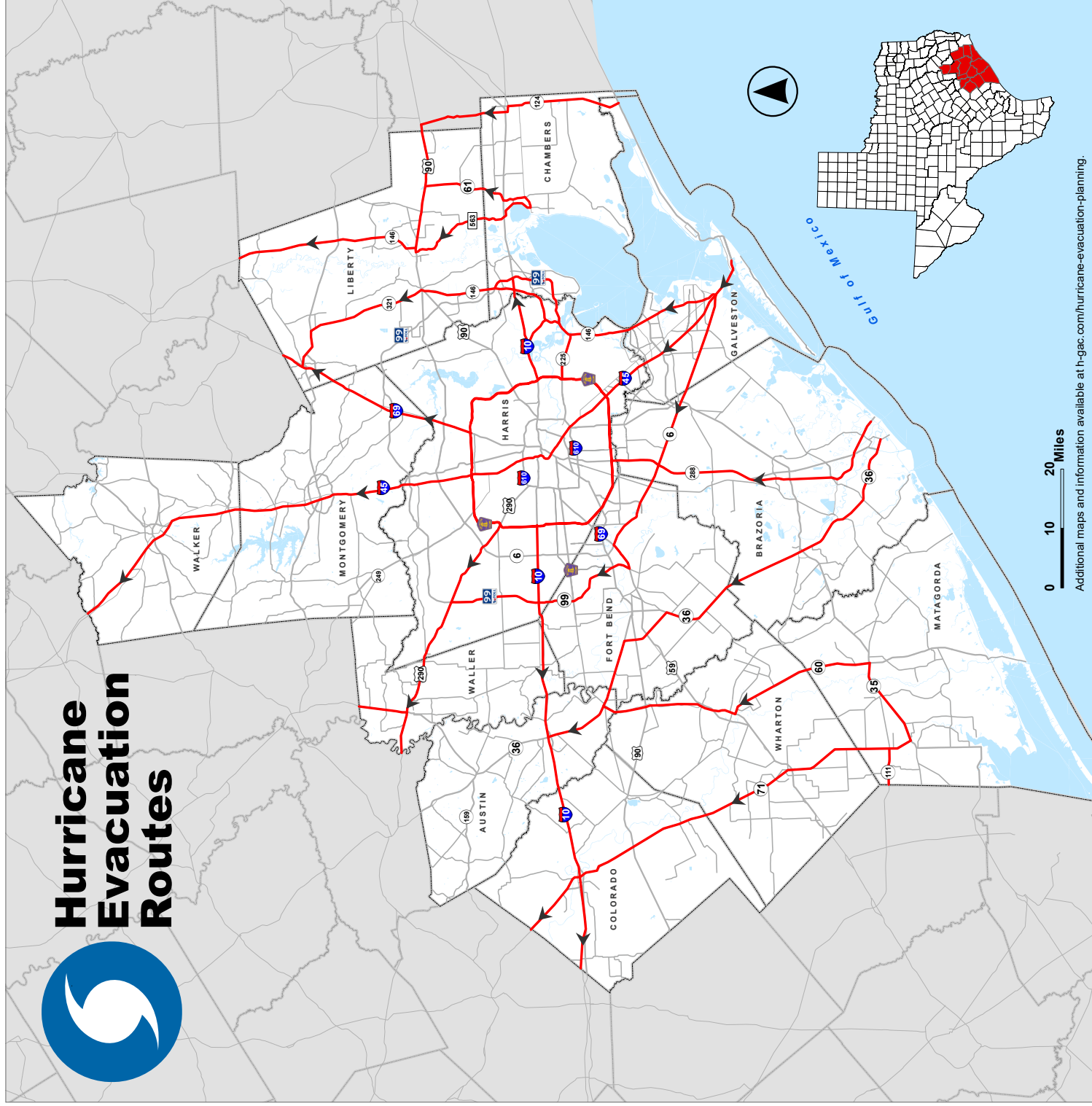
TexasPrepares.org







# Hurricane Evacuation Routes



## H-GAC Region

Austin, Brazoria,  
Chambers, Colorado,  
Fort Bend, Galveston,  
Harris, Liberty,  
Matagorda,  
Montgomery,  
Walker, Waller,  
Wharton



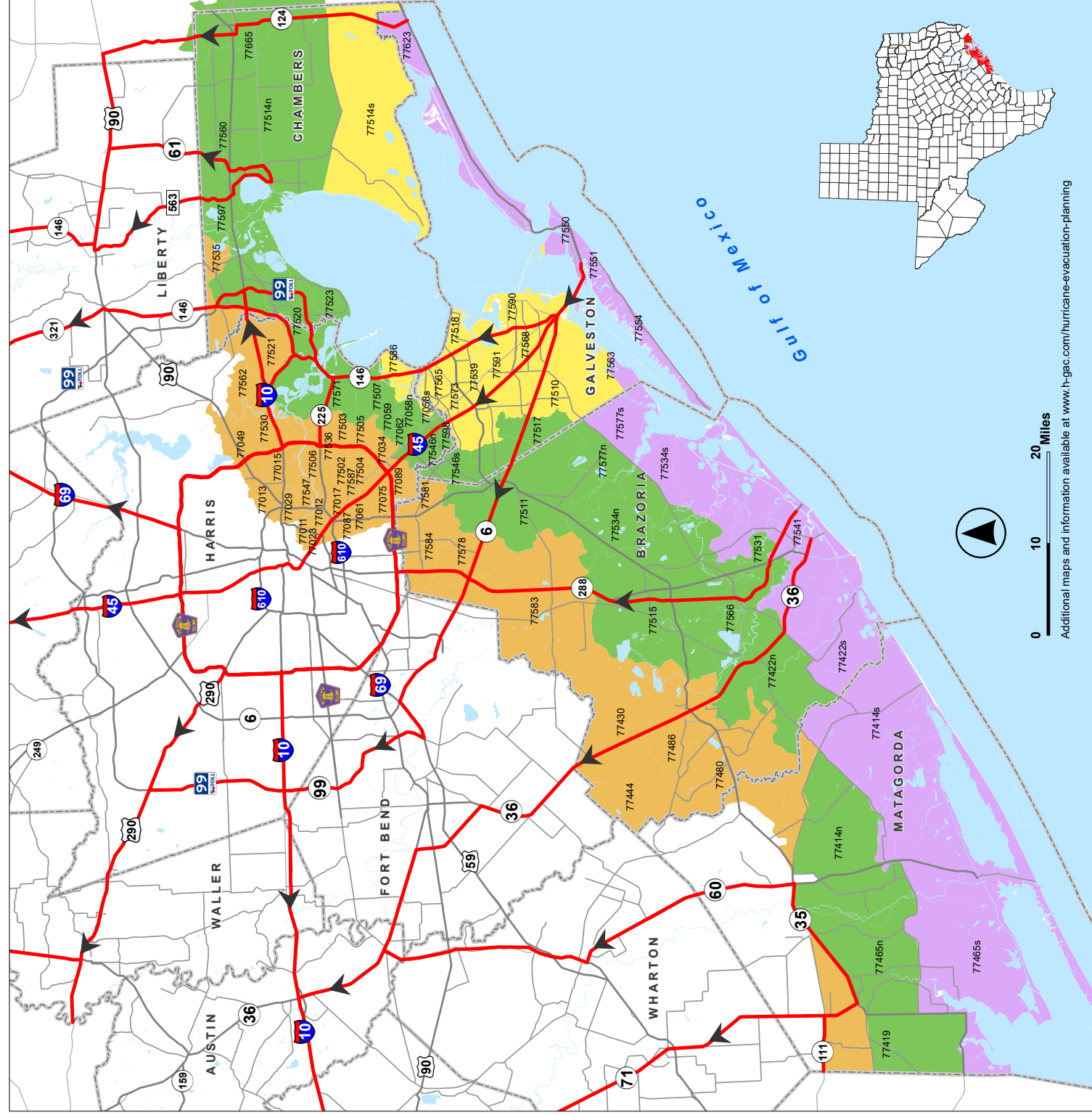
### Route Designation

- Evacuation Corridors
- Other Roads
- County Boundary



Revision Date: May 1, 2024  
Expiration Date: December 31, 2024  
Map Created by:  
Houston-Galveston Area Council

Additional maps and information available at [h-gac.com/hurricane-evacuation-planning](http://h-gac.com/hurricane-evacuation-planning).



## Brazoria, Chambers, Galveston, Harris and Matagorda Hurricane Evacuation Zip-Zones Coastal, A, B, C

ZIP ZONE COASTAL	
77414s	77465s
77422s	77534s
77550	77554
77551	77563
77577s	
77623	
ZIP ZONE A	
77058s	77510
77514s	77518
77539	
77563	77565
77568	77573
77586	
77590	77591
ZIP ZONE B	
77058n	77059
77062	77414n
77419	77420
77465n	77507
77511	77514n
77515	77517
77520	77523
77531	77534n
77546n	77546s
77560	77566
77571	77577n
77587	77588
77665	
ZIP ZONE C	
77011	77012
77013	77015
77017	77023
77029	77034
77049	77061
77075	77087
77089	77430
77444	77480
77486	77502
77503	77504
77505	77506
77521	77530
77535	77536
77547	77562
77578	77581
77583	77584
77587	

Some zip codes are split into north (n) and south (s) for evacuation purposes.

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