

GREATER AUSTIN

Things to Do

JANUARY
2025

Get Your Yearly Budget In Order

Plan ahead this year and take a few minutes to get your yearly budget completed. If you've never done one, there are many resources online to help.

nerdwallet.com/article/finance/how-to-budget

Start A New Workout Routine

If it's been a while since you were regularly active, now is the time to step into some healthy habits. If you've been working out, maybe it's time to freshen up your routine. New year, new you!

mayoclinic.org/healthy-lifestyle/fitness/in-depth/fitness/art-20048269

Meal Prep

Eat healthier this year by taking control over what you eat on the go. Take the time to learn new healthy recipes and ways of creating meals to-go.

goodhousekeeping.com/food-recipes/a28377603/how-to-meal-prep

Prep For The Cold

Check your winter weather preparedness by examining your house and needs just in case we have a wild winter as we have in recent years. If the power goes out, you will be ready.

recovery.texas.gov/preparedness/winter-preparedness/index.html

Polar Bear Plunge & 5K

Kick off the New Year on January 4th with Blue Hole Regional Park's Polar Bear Plunge & 5K! Enjoy live music, food vendors, games, and prizes. Don't miss out!

visitwimberleytx.org

MLK Day Festival

Celebrate Dr. King's legacy of diversity and inclusion on Monday, January 20, 2025. The day kicks off with a 9:30 AM rally at the State Capitol, followed by a march to Huston-Tillotson University for the MLK Festival. Enjoy family-friendly fun with vendors, music, and more!

mlkcelebration.com



NCAA National Championship Game

On January 20th, the NCAA National Championship football game will be played. If you are a sports fan, you will want to take advantage of this.

collegefootballplayoff.com

Cozy Up With A Good Book

Cold weather pairs perfectly with a good book. Pick something fresh you've wanted to read or even re-read an old favorite. You can't go wrong when it's chilly outside.

Learn To Make Mocktails

Try one of these exciting mocktail recipes if you are working on a dry January.

bonappetit.com/gallery/best-mocktail-recipes

Austin Free Week

The first week of January is a music lover's dream in Austin, as hundreds of local bands come together for this annual event, taking over venues across the city. redriverculturaldistrict.org

Austin International Half

Previously known as the 3M Half Marathon, the Austin International Half features one of the fastest courses in the country. This mostly downhill route showcases Austin's top sights and finishes downtown near the Texas State Capitol. downhilltodowntown.com

Family Winter Ball in Round Rock

Come dressed in your best for a delightful evening of dancing, light refreshments, and family fun! This event is geared towards families and encourages active participation for individuals of all ages, including those with diverse disabilities.

roundrocktexas.gov

Lampasas Star Party

Join local astronomers and the Lampasas County Friends of the Night Skies for a family-friendly evening exploring the wonders of the stars!

lampasaschamber.org

Bastrop Mardi Gras 2025

Experience the vibrant Cajun traditions of Evangeline Parish at Bastrop TX Mardi Gras, January 31-February 1, 2025. Enjoy music, dancing, cuisine, parades, and family-friendly festivities downtown!

bastroptxmardigras.com

